



**AWARENESS
MONTH**

**INCREASE
YOUR FOOD DOLLARS**



There's never been a better time to apply for CalFresh!

The cost of groceries continues to rise, which can be very challenging when you're trying to feed your family nutritious meals.

How does CalFresh help?

CalFresh provides monthly benefits to help you buy groceries for your family. Whether you're shopping for fresh produce, dairy, or pantry staples, CalFresh helps increase your food budget so you can focus on what matters most.

Applying for CalFresh is easier than you think.

Alameda County Social Services Agency and the Food Bank are here to answer any questions you may have and to help you with the application process.

**Find out if you qualify for CalFresh.
Apply today!**

 Alameda County
Social Services Agency

 ALAMEDA COUNTY
COMMUNITY
FOOD BANK



Call us
1-877-847-3663



Visit us
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